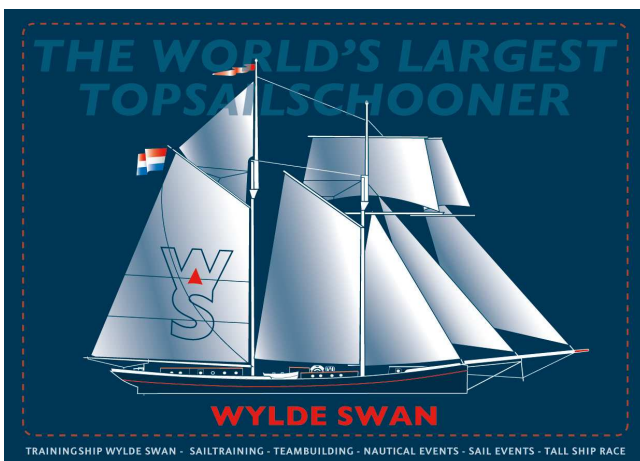


**FLY LIKE A WYLDE SWAN WITH YOUTH IN ACTION AT SEA  
- SPECIAL EUROPEAN UNION INTERNATIONAL EXCHANGE  
onboard the TALL SHIP WYLDE SWAN**

- > 36 Trainees, aged 18 – 25 from 7 European countries
- > Learn about yourself and other trainees
- > Explore new countries
- > Take part in the famous Tall Ships Races
- > Be a swan and fly together
- > Rotterdam (NL) – Antwerp (BE) – Aalborg (DK)
- > 7 – 23 July 2010: 16 days
- > Participating countries: Belgium, Denmark, Finland, France, Netherlands, Portugal and UK.

Have you ever dreamed of sailing on a big ship?

**At Sea Sail Training** gives you a taste of life on board a Tall Ship. No experience needed! Together with your teammates from all over Europe, you will be introduced to all aspects of ocean-sailing. A professional crew will teach you about navigating, sailing rules and manoeuvring. Enjoy teamwork yet depend on yourself, make new friends and party together at the famous Tall Ship festivals. Adventure and action on the ocean!



## THE TALL SHIP RACES

The Tall Ships Races 2010 start in Antwerp, but the International Exchange programme starts in Rotterdam. In Rotterdam trainees from different countries will meet each other, get to know the ship and prepare for the first race. It is then a short trip to Antwerp but enough time to learn the ropes! In the old city of Antwerp, there are lots of events that will get you in the mood for the great event!

The first race is from Antwerp to Aalborg. It can be a challenging voyage along the Dutch, German and Danish coast; quiet in an east wind but rough in a northwest wind. Together with international trainees from 7 European countries (Belgium, Czechoslovakia, Finland, France, Italy, Netherlands, Portugal), it will be an exciting adventure.

## SPECIAL PROGRAMME OUTLINE

This is a special programme, organised in collaboration with the European organisation Youth in Action Netherlands. As well as sailing the vessel, you will decide for yourselves which extra activities you would like organised on board and in the ports. Prior to the race, all the participants in each country will meet in May so you can start getting to know each other.

> During this international exchange programme you will meet trainees from all over Europe. Together you will sail and do more! There will be around 4 trainees from each country, including a mentor to support each group. As well as sailing, you and the other trainees will organise games, national

dinners, European song festivals, or whatever you would like to do. Meet people from other cultures, enjoy the differences and see the similarities between the countries. You will make friends for the rest of your life.

> The international exchange voyage starts at 18.00 hours on board the *Wylde Swan* in the fishing village of Rotterdam. When you arrive you will get to know the ship, mentors, crew and the other trainees. After a warm welcome, the Captain's introduction and the safety briefing, you will have time to spend a pleasant evening on board or in Rotterdam. Should your travel schedule cause you to arrive before 18.00 hours, you are welcome to store your bags aboard and have a look around in town.

> The next morning the ship will leave the harbour to go to Antwerp. After breakfast, you will be introduced to how everything works on the deck of the ship. Together with the crew, you will get the ship ready to leave the harbour. Later in the day, the *Wylde Swan* will arrive in Antwerp. There you will find lots of activities organised for the start of The Tall Ship Races.

> You can take part in the sports competitions or visit the historic Belgian city. On Tuesday 13 July, the sails will be set for the Parade of Sail, an incredibly impressive gathering of Tall Ships, Small Ships and Yachts. All around, you will see masts and sails and you are part of all this. Then the start of the race is spectacular with the sails of the Tall Ships together going over the start line. This is an unforgettable moment!

> At sea you will be divided into three watches; the watch members will be from different nationalities. You will need to speak a little bit of English! Your language skills will improve each minute. The watches take turns to look after the ship including during the night. You will learn to set the sails, to steer the vessel, to help cook the meals and to clean the ship inside and out. You do this during your watch, and at other times when necessary. It is fun to work together and take care of the ship. It is a challenge to do well in the race but just as important to have a good atmosphere and fun on board.

> Life at sea can be hectic at times when the wind gets stronger or calms down, but there is always plenty of time to relax and read a book or sing together while the sun is setting. Life on a Tall Ship is great! Our goal is to organize group activities at least once a day – varying from playing games to singing – so everybody gets to know each other really well and feels part of one big team. There is nothing too crazy for us; you are welcome to share your ideas!

> The race finish in Aalborg may be spectacular if other ships are around, or quiet because you are the first! If there is enough time, the captain will search for an anchorage to let you have a swim before going into the harbour.

> In the harbour there will be lots of activities organised by the town especially for the visiting young trainees. Open-air free concerts, city tours and parties will all be there for you! Of course you must challenge the trainees from other ships during sports competitions, and you must walk with the Crew Parade through the whole city where thousands of spectators



will cheer you, because you are from a ship! Maybe your ship will receive a prize during the prize-giving ceremony and last but not least you can join the crazy crew party for everybody who took part in the first race of The Tall Ships Races 2010.

> Your voyage will end at 10.00 in the morning of the third day in harbour. You will look back at a life changing-experience! For people who want to race or sail again, there are plenty of possibilities - on the *Wylde Swan* or on other ships who will take part in the next leg.

## WYLDE SWAN

The *Wylde Swan* is the largest topsail schooner, with the hull of a 'market chaser'. She was built in 1920 to bring herring from the drifters quickly to the shore to get the best 'market price'. Today she chases after prizes in The Tall Ships Races! The *Wylde Swan* was restored and converted to a sail training ship by Willem Sligting and Hinke de Vries, a couple with a lot of ship restoration experience.

## VOYAGES WYLDE SWAN 2010

Voyage	Trip	Start	End	Days	Normal Price	Special Price Youth in Action 15-25 years
International Exchange	Rotterdam (NL) via Antwerp (BE) – Aalborg (DK)	7-7	23-7	16	€ 1725,-	€ 800,-

## KITLIST

**Papers and insurance:** You need to have a valid passport or identity card, copy of insurance papers (health insurance and travel insurance). Insurance: we expect each participant to have his or her own liability insurance and medical insurance valid in your country.

We also expect every trainee to have travel insurance.

**Clothing:** For your voyage it is important to bring warm and waterproof clothing, although it is summer. It can also be cold at night. For a full list of what to bring aboard, **please check the separate Packing List.**

**More ideas:** photo and film equipment, sunglasses, hat to cover your head in the sun, personal medicines and toiletries, small backpack for in the harbour, musical instruments and song books.

## STRUCTURE COST AND SPONSORSHIP

This special project coordinated by **At Sea Sail Training** is funded by the EU programme Youth in Action. Youth in Action promotes cultural exchanges between young European people. They do so by covering a daily fee and 70% of the travelling costs. Together with money from other funds we are able to offer you this programme at a reduced price. The price includes food and accommodation on the ship but excludes drinks at the bar and transportation to and from the ports. Transfers are available by way of discount airlines and **At Sea Sail Training** is more than willing to provide you with the best advice.

## KEY POINTS

- > **Wylde Swan - the largest topsail schooner - 62 meters**
- > **Special EU-programme on board**
- > **Nautical theme: Fly like a Wylde Swan with Youth in Action at Sea**
- > **36 trainees and 12 crew**
- > **Joining countries: Belgium, Denmark, Finland, France, Netherlands, Portugal and United Kingdom.**
- > **Age 18 - 25 years (minimum age 15 years)**
- > **No sailing experience required!**
- > **Official language aboard: English**
- > **All prices are including food and accommodation, excluding drinks at the bar**
- > **One-off registration fee of €25**
- > **All prices are excluding transportation from and to the ports**
- > **70% of your travelling costs are covered by Youth in Action.**
- > **Transfers need to be booked separately.**
- > **You can contact other participants by Facebook to arrange to travel together**

- SEE YOU AT SEA! -

## THE CREW

The captain Jurgens Hanekom and his 11 professional crew have all been trained at a nautical college and hold STCW safety qualifications. They are very experienced at teaching sailing to trainees. The captain has been a sailor for many years on a similar ship, the *Swan fan Makkum*, and really understands racing tactics. Be prepared for a real race!

## ACCOMMODATION

The enormous hold where herring was once stowed has now become a place to meet and sleep. Most of the trainees sleep there in bunks or in hammocks. There are also a few cabins with normal beds. The meals will be in the bar annex classroom. The atmosphere is modern, to fit with a new kind of sailing adventure. This is sailing on a traditional ship with a modern look.



## HOW TO JOIN?

Please sign up via [www.atseasailtraining.com](http://www.atseasailtraining.com)

You will get a contract and invoice by email. As soon as we get the signed contract and down payment, you will be guaranteed a your place on board.

## CONTACT

**At Sea Sail Training Team:**

Monique Touw  
Janine Scheele

## AT SEA SAIL TRAINING

Groen van Prinstererstraat 40-3H  
1051 EN Amsterdam  
The Netherlands

T + 31 20 688 0462  
M + 31 61 131 6997  
F + 31 84 724 1451

[www.atseasailtraining.com](http://www.atseasailtraining.com)

[info@seasailtraining.com](mailto:info@seasailtraining.com)

Skype: At Sea Sail Training

Facebook: At Sea Sail Training