

**TALL SHIP RACES 2011**  
**RACE 2 LERWICK - STAVANGER**  
**onboard of a TALL SHIP**

Have you ever dreamed of sailing on a big ship? At Sea Sail Training gives you a taste of life on board a Tall Ship. No experience needed! Together with your teammates from all over Europe, you will be introduced to all aspects of ocean-sailing. A professional crew will teach you about navigating, sailing rules and manoeuvring. Enjoy teamwork yet depend on yourself, make new friends and party together at the famous Tall Ship festivals. The experience of a lifetime.



- > Experience Sail Training on this beautiful vessel
- > Between Shetland Islands and Norway, 9 days
- > Race 2, 22 - 30 July: Lerwick(Shetland Islands,UK) to Stavanger (NO)
- > Open to trainees of all nationalities and all ages over 15 years
- > No sailing experience required!
- > Make friends for life
- > How to join? Please sign up via [www.atseasailtraining.com](http://www.atseasailtraining.com)

## THE TALL SHIP RACE 2

This second race in the Tall Ships Races 2011 will take you from The Shetland Islands, Lerwick, to Norway, Stavanger. A leg with many miles and open water to sail on. Sail the Tecla over her old fishing grounds, the North Sea and set sail for the beautiful fjords in Norway.

Together with your teammates from all over Europe and beyond, you will be introduced to all aspects of ocean-sailing. Don't worry if you don't have any experience on the water: a professional crew will teach you everything about navigating, sailing rules and maneuvering. And if the mast of a rival tall ship appears on the horizon, it's all hands on deck! The whole team will do everything to be the first to cross the finishing line at the port. You will experience teamwork and how to depend on yourself, make new friends and party together at the famous sailor feasts. Adventure and action on the ocean!

## PROGRAMME OUTLINE

> Your trip starts when boarding the Tall Ship of your choice. Once on board you will get to know the ship, the permanent crew and your fellow trainees. After a warm welcome, the Captains introduction and the safety briefing, it is time to have a nice evening on board. There is always a lot to see and to do in the Tall Ships' Race Harbour's. Should your travel schedule mean that you arrive before the boarding time, you may be able to store your bags aboard and have a look around in town (please check first). Shetland is world renowned for its hospitality, its excellent music and its maritime heritage, making Lerwick a first-class port for The Tall Ships Races.

> After a hearty breakfast the next day, the first deck instructions will be given. Together with the crew you will make the ship ready to leave the harbour. The sails will be set for the Parade of Sail. A lot of people will be on the quay and in little boats to watch the Tall Ships as they sail out to sea. The parade of sails is a spectacular sight as all ships will set sails to look their very best. Afterwards the race can start!

> On board you will be divided into three watches. This means that you will also be on watch during the night sometimes. You will all learn to set the sails, to steer the vessel, you will help the cook with the meals and clean the ship inside and out. You do this during your watch, but also when it is necessary outside of your watch. It is good to work together and take care of the ship. It is a challenge to set a good racing time, but there will be a good mood on board and you will become part of the crew like a real trainee. When on watch there will be 2 crewmembers to help and guide you and a watch officer to take care of the navigation while you manage the sails.

> Arriving in Stavanger will be a lovely sight as they ships fill up the harbour and the city welcomes you all with a lot of fun activities. There will be all kinds of music, sometimes a fair and a cultural program. Stavanger is situated at the southwest coast of Norway, at the southern approaches to the spectacular Norwegian Fjords. The region is also known as centre for the Norwegian energy industry and the leading culinary region. Stavanger is a true maritime town with a heritage going back to the age of the Vikings. The port is situated in the middle of the town centre close to all facilities and infrastructure. The vessels will get a continuous, uninterrupted berthing for almost 2000 meters around the bay. The crews will get the opportunity to visit some spectacular nature, only 1-2 hours travel from the port.

There will also be an opportunity to challenge the crew from other ships through sports, walk the crew parade through the whole city and last but not least, there is a crew party for everybody onboard the participating ships. You will not miss this!

> On the 3<sup>rd</sup> day in harbour the voyage will end at 09.00 hour. **You will look back on a once in a lifetime experience!**

For people who want to race or sail again, there are even more possibilities; either on Tall Ship (if there is room) or on other ships who are joining the next leg of the races: Race 3 and the Culture Regatta 2011 at the Baltic Sea.



## COST AND VOYAGE TALL SHIP 2011 – RACE 2

This voyage will **start in Lerwick, Shetland Islands (UK)** and will **finish in Stavanger (NO)**. The trip takes **9 days** and starts on the **22th of July** and will end at the **30th of July**.

All the exact prices can be found on the website at 'bookings and prices'. For people in the age **between 15-25 years** there is a **special price** for this voyage. All prices include accommodation, all meals and drinks on board.

**If you want to join in Race 3 from Norway to Sweden, ask for the Tall Ships - outline with the other Races!**

## KITLIST

**Papers and insurance:** You need to have a valid passport or identity card, photocopies of insurance papers (health insurance and travel insurance). Insurance: we expect each participant to have his or her own liability insurance and medical insurance valid in your country. We also expect every trainee to have travel insurance.

**Clothing:** For your voyage it is important to bring warm and waterproof clothing, although it is summer. For a full list of tips what to bring aboard, [please click here for the separate Kit List](#).

**More ideas:** photo and film equipment, sunglasses, hat to cover your head in the sun, personal medicines and toiletries, small backpack for in the harbour, musical instruments or music.

## KEY POINTS

- > **No sailing experience required!**
- > **Open for all ages and nationalities, minimum age 15 years old.**
- > **Official language aboard: English.**
- > **One-off registration costs of €25.**
- > **All prices exclude transport to and from the ports.**
- > **All prices include accommodation, all meals and drinks on board, excluding drinks at the bar.**
- > **Transfers to be booked separately.**
- > **You can contact other participants by Facebook to travel together.**
- > **More pictures and background information about the vessel you can find at the website.**

## HOW TO JOIN?

Please sign up via [www.atseasailtraining.com](http://www.atseasailtraining.com)

You will get a contract and invoice by email. As soon as we get the signed contract and down payment, you will be sure of your place on board. We also will give you travelling suggestions.

## CONTACT

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