

## TALL SHIP RACES 2011 - RACE 1 – WATERFORD - GREENOCK

Have you ever dreamed of sailing on board a big ship? At Sea Sail training can give you a taste of life on board of a Tall Ship and no experience is needed! Together with your teammates from all over Europe, you will be introduced to all aspects of ocean-sailing. A professional crew will teach you everything you need to know about navigating, sailing and manoeuvring. Enjoy working in a team, pushing yourself and making new friends. There will be adventure and action at sea!



- > Experience Sail Training on a beautiful Tall Ship
- > Race 1 Waterford (Ireland) – Greenock (Scotland)
- > Sailing around Ireland in 9 days
- > 2<sup>nd</sup> of July till the 11<sup>th</sup> of July
- > No sailing experience required!
- > Open for all ages and nationalities, minimum age 15 years old.
- > No experience required
- > Meet new people from all over Europe
- > How to join? Please sign up via [www.atseasailtraining.com](http://www.atseasailtraining.com)

### THE TALL SHIP RACE 1

This years first Race will be from Waterford in Ireland to Greenock in the UK, with youngsters from all over Europe. Sailing from Ireland to England, will be an exciting trip as you'll start off with the amazing parade of sails out of Waterford. You will sail around the west and north coast of Ireland, passing the Hebrides and entering the Scottish waters.

Together with your teammates from all over Europe and beyond, you will be introduced to all aspects of ocean-sailing. Don't worry if you don't have any experience on the water: a professional crew will teach you everything about navigating, sailing rules and maneuvering. And if the mast of a rival tall ship appears on the horizon, it's all hands on deck! The whole team will do everything to be the first to cross the finishing line at the port. You will experience teamwork and how to depend on yourself, make new friends and party together at the famous sailor feasts. Adventure and action on the ocean!

### PROGRAMME OUTLINE

> Your trip starts when boarding the Tall Ship of your choice. Once on board you will get to know the ship, the permanent crew and your fellow trainees. After a warm welcome, the Captains introduction and the safety briefing, it is time to have a nice evening on board. There is always a lot to see and to do in the Tall Ships' Race Harbour's. Should your travel schedule mean that you arrive before the boarding time, you may be able to store your bags aboard and have a look around in town (please check first). Ireland is world renowned for its hospitality, its excellent music and its maritime heritage, making Waterford a first-class port for The Tall Ships Races.

> After a hearty breakfast the next day, the first deck instructions will be given. Together with the crew you will make the ship ready to leave the harbour. The sails will be set for the Parade of Sail. A lot of people will be on the quay and in little boats to watch the Tall Ships as they sail out to sea. The parade of sails is a spectacular sight as all ships will set sails to look their very best. Afterwards the race can start!

> On board you will be divided into three watches. This means that you will also be on watch during the night sometimes. You will all learn to set the sails, to steer the vessel, you will help the cook with the meals and clean the ship inside and out. You do this during your watch, but also when it is necessary outside of your watch. It is good to work together and take care of the ship. It is a challenge to set a good racing time, but there will be a good mood on board and you will become part of the crew like a real trainee. When on watch there will be 2 crewmembers to help and guide you and a watch officer to take care of the navigation while you manage the sails.

> Arriving in Greenock will be a lovely sight as they ships fill up the harbour and the city welcomes you all with a lot of fun activities. There will be all kinds of music, sometimes a fair and a cultural program. Greenock is a town and a former burgh within the historic county of Renfrewshire, located in the west central Lowlands of Scotland. It forms part of a contiguous urban area with Gourrock to the west and Port Glasgow to the east.

There will also be an opportunity to challenge the crew from other ships through sports, walk the crew parade through the whole city and last but not least, there is a crew party for everybody onboard the participating ships. You will not miss this!

On the 2<sup>nd</sup> day in harbour the voyage will end at 09.00 hour. **You will look back on a once in a lifetime experience!**

For people who want to race or sail again, there are even more possibilities; either on Gallant (if there is room) or on other ships who are joining the next leg of the races: Race 2, Race 3 and the Culture Regatta 2011 at the Baltic Sea.



### **COST AND VOYAGE GALLANT 2011 – RACE 1**

This voyage will **start in Waterford(IR)** and will **finish in Greenock(UK)**. The trip takes **10 days** and starts on the **2th of July** and will end at the **11th of July 2011**.

All the exact prices can be found on the website at 'bookings and prices'. For people in the age **between 15-25 years** there is a **special price** for this voyage. All prices include accommodation, all meals and drinks on board.

**If you want to join in another Race or the cruise in company ask for The Tall Ship - outline with the other Races!**

## KITLIST

**Papers and insurance:** You need to have a valid passport or identity card, photocopies of insurance papers (health insurance and travel insurance). Insurance: we expect each participant to have his or her own liability insurance and medical insurance valid in your country. We also expect every trainee to have travel insurance.

**Clothing:** For your voyage it is important to bring warm and waterproof clothing, although it is summer. For a full list of tips what to bring aboard, [please click here for the separate Kit List](#).

**More ideas:** photo and film equipment, sunglasses, hat to cover your head in the sun, personal medicines and toiletries, small backpack for in the harbour, musical instruments or music.

## KEY POINTS

- > **No sailing experience required!**
- > **Open for all ages and nationalities, minimum age 15 years old.**
- > **Official language aboard: English.**
- > **One-off registration costs of €25.**
- > **All prices exclude transport to and from the ports.**
- > **All prices include accommodation, all meals and drinks on board, excluding drinks at the bar.**
- > **Transfers to be booked separately.**
- > **You can contact other participants by Facebook to travel together.**
- > **More pictures and background information about the vessel you can find at the website.**

## HOW TO JOIN?

Please sign up via [www.atseasailtraining.com](http://www.atseasailtraining.com)

You will get a contract and invoice by email. As soon as we get the signed contract and down payment, you will be sure of your place on board. We also will give you travelling suggestions.

## CONTACT

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