

KALIAKRA EUROPEAN EXCHANGE 2010 REUNITING EUROPE AT SEA

- > 40 Trainees, aged 18-25 from 8 different European countries
- > Hartlepool (UK) via IJmuiden to Amsterdam (NL)
- > Period between 9 August – 21 August 2010
- > Participating countries: Bulgaria, Czech Republic, Italy, Lithuania, Netherlands, Norway, Sweden and United Kingdom

Have you ever dreamed of sailing on a big ship?

At Sea Sail Training gives you a taste of life on board a Tall Ship. No experience needed! Together with your teammates from all over Europe, you will be introduced to all aspects of ocean-sailing. A professional crew will teach you about navigating, sailing rules and manoeuvring. Enjoy teamwork yet depend on yourself, make new friends and party together at the famous Tall Ship festivals. Adventure and action on the ocean!

KALIAKRA & CREW

The sail training vessel Kaliakra is a symbol of the maritime heritage of Bulgaria and is one of the fastest and best looking Tall Ships in the world. She was built at the Gdansk Shipyard, Poland in 1984 and is owned by Bulgarian Maritime Training Center. The ship was specially designed for the training and qualification of students from the Maritime Academy in Varna - the future officers of the Bulgarian merchant fleet. The many highly placed results and the international popularity she has gained, have raised the prestige of the Bulgarian national flag. A great number of visitors, members of royal families, head of states, government officials and celebrities have been guests on board Kaliakra.



ACCOMODATION

Trainees live in ten two-bed cabins, one six beds, one nine-beds, and one eleven-bed dormitories. The Kaliakra works with a four watches system, with 8-10 trainees per watch. Three of the watches work the ship and the fourth one is organizing the extra activities and having the galley watch, helping the cook and keeping the ship tidy.

THE CREW

The 11 crewmembers have many years of experience. All the crewmembers have followed the education to become sailors or marine officers of Bulgaria. They all have had the needed STCW certificates to take care of a safe voyage.

SPECIAL PROGRAMME OUTLINE

This is a special programme, organised in collaboration with the European organisation Youth in Action in the UK. As well as sailing the vessel, you will decide for yourselves which extra activities you would like organised on

board and in the ports. Prior to the race, all the participants in each country will meet in May so you can start getting to know each other.

> During this international exchange programme you will meet trainees from all over Europe. Together you will sail and do more! There will be around 4 trainees from each country, including a mentor to support each group. As well as sailing, you and the other trainees will organize games, national dinners, European song festivals, or whatever you would like to do. Meet people from other cultures, enjoy the differences and see the similarities between the countries. You will make friends for the rest of your life.

> The international exchange voyage starts at 16.00 hours on board the Kaliakra in Hartlepool. When you arrive you will get to know the ship, mentors, crew and the other trainees. After a warm welcome, the Captain's introduction and the safety briefing, you will have time to spend a pleasant evening on board or in Hartlepool. Should your travel schedule cause you to arrive before 16.00 hours, you are welcome to store your bags aboard and have a look around in town.

> The next morning the ship will leave the harbour to go to the North Sea. After breakfast, you will be introduced to how everything works on the deck of the ship. Together with the crew, you will get the ship ready to leave the harbour. On Tuesday 10th of August the sails will be set for the Parade of Sail, an incredibly impressive gathering of Tall Ships, Small Ships and Yachts. All around, you will see masts and sails and you are part of all this. Then the start of the race is spectacular with the sails of the Tall Ships together going over the start line. This is an unforgettable moment!

> At sea you will be divided into three watches; the watch members will be from different nationalities. You will need to speak a little bit of English! Your language skills will improve each minute. The watches take turns to look after the ship including during the night. You will learn to set the sails, to steer the vessel, to help cook the meals and to clean the ship inside and out. You do this during your watch, and at other times when necessary. It is fun to work together and take care of the ship. It is a challenge to do well in the race but just as important to have a good atmosphere and fun on board.

> Life at sea can be hectic at times when the wind gets stronger or calms down, but there is always plenty of time to relax and read a book or sing together while the sun is setting. Life on a Tall Ship is great! Our goal is to organize group activities at least once a day – varying from playing games to singing – so everybody gets to know each other really well and feels part of one big team. There is nothing too crazy for us; you are welcome to share your ideas!

> The race finish in IJmuiden may be spectacular if other ships are around, or quiet because you are the first! If there is enough time, the captain will search for an anchorage to let you have a swim before going into the harbour.

> In the harbour of IJmuiden and Amsterdam there will be lots of activities organised by the town especially for the visiting young trainees. Of course you must challenge the trainees from other ships during sports competitions or at the crew party.

Your voyage will end at 10.00 in the morning of 21st August in Amsterdam. You will look back at a life changing-experience!





VOYAGE KALIAKRA 2010

Voyage **Trip**
International Exchange
 Hartlepool (UK) – IJmuiden (NL)

Start	End	Days	Normal Price	Special Price Youth in Action 15-25 years
9-8	21-8	12	€ 1020,-	€ 595,- !!!

KITLIST

Papers and insurance: You need to have a valid passport or identity card, copy of insurance papers (health insurance and travel insurance).

Insurance: we expect each participant to have his or her own liability insurance and medical insurance valid in your country.

We also expect every trainee to have travel insurance.

Clothing: For your voyage it is important to bring warm and waterproof clothing, although it is summer. It can also be cold at night. For a full list of what to bring aboard, [please click here for the separate Kit List](#).

More ideas: photo and film equipment, sunglasses, hat to cover your head in the sun, personal medicines and toiletries, small backpack for in the harbour, musical instruments and song books.

STRUCTURE COST AND SPONSORSHIP

This special project coordinated by **At Sea Sail Training** is funded by the EU programme Youth in Action. Youth in Action promotes cultural exchanges between young European people. They do so by covering a daily fee and 70% of the travelling costs. Together with money from other funds we are able to offer you this programme at a reduced price. The price includes food and accommodation on the ship but excludes drinks at the bar and transportation to and from the ports. Transfers are available by way of discount airlines and **At Sea Sail Training** is more than willing to provide you with the best advice.

KEY POINTS

- > **Kaliakra; Barquentine - .52 meters**
- > **Special EU-programme on board**
- > **Nautical theme: REUNITING EUROPE AT SEA**
- > **36- 40 trainees and 7-11 crew**
- > **Participating countries: Bulgaria ,Czech Republic, Italy, Lithuania, Netherlands, Norway, Sweden and United Kingdom**
- > **Age 18 - 25 years (minimum age 15 years)**
- > **9 – 21 August 2010**
- > **No sailing experience required!**
- > **Official language aboard: English**
- > **All prices are including food and accommodation, excluding drinks at the bar**
- > **One-off registration fee of €25**
- > **All prices are excluding transportation from and to the ports**
- > **70% of your travelling costs are covered by Youth in Action.**
- > **Transfers need to be booked separately.**
- > **You can contact other participants by Facebook to arrange to travel together**

- SEE YOU AT SEA! -

HOW TO JOIN?

Please sign up via www.atseasailtraining.com

You will get a contract and invoice by email. As soon as we get the signed contract and down payment, you will be guaranteed a your place on board.

CONTACT

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