

# Sail Training on board Gulden Leeuw

## INTERNATIONAL EXCHANGE

Sail between **ENGLAND, NETHERLANDS, DENMARK, SWEDEN, and GERMANY**

**21st of July - 7th of August**

Have you ever dreamed of sailing on a Tall Ship? At Sea Sail Training gives you a taste of life on board a Tall Ship. No experience needed! Together with your teammates from all over Europe, you will be introduced to all aspects of ocean-sailing. A professional crew will teach you about navigation, sailing rules and manoeuvring. Enjoy teamwork whilst learning to depend on yourself, make new friends and party together at the famous Tall Ship festivals. A once in a lifetime experience!

- > International exchange on board Dutch Tall Ship
- > The Gulden leeuw: a ship which can really sail
- > Make friends for life
- > Open to trainees aged 15 - 25 years
- > 7 participating countries: Netherlands, Germany, United Kingdom, Sweden, Denmark, Belgium and Estonia
- > Learn about yourself and other trainees
- > Explore new countries
- > No experience needed
- > Falmouth (EN) – Amsterdam (NL) - Aalborg (DK) - Halmstad (SW) - Rostock (DE)
- > 21 July – 7 August 2012: 17 days
- > How to join? Please sign up via [www.atseasailtraining.com](http://www.atseasailtraining.com)

## THE JOURNEY

This International Exchange will be organised for youngsters between 15 and 25 years old. There will be 7 nationalities on board, Netherlands, Germany, United Kingdom, Sweden, Denmark, Belgium and Estonia. The journey will take you along the coast of England, the Netherlands, Denmark, Sweden and Germany. The journey will take 17 days, so there will be a lot of time to learn how to sail, meet and get to know everybody on board and learn more about yourself.

Starting the voyage in Falmouth (south UK), the Gulden Leeuw will try to visit Amsterdam (Netherlands), Aalborg (Denmark), Halmstad (Sweden) and Finish in Rostock (Germany).

## THE GULDEN LEEUW

The Gulden Leeuw is restored in 2010, built as a big, sturdy sailing ship reminiscent of the 1930's and with the deck layout of a classic yacht. In combination with the chosen rigging it will become a fast, robust ship that can really sail.

The "Gulden Leeuw" will be a three-masted topsail schooner. This very versatile rigging combines the advantages of a square-sailed ship and a fore-and-aft rigged ship. The magnificent ambience is the 30's style, rich materials, often hand-crafted, decorative and luxurious, sought with simple, functional forms.



## HISTORY

The Gulden Leeuw was launched as a biological research ship in 1937 for the Danish ministry, called Dana. She is built as an ocean-going ice-class ship. In the 80's she was used as an offshore support ship, after that the Danish Nautical School trained the students to become experience seamen.

In 2007 P&T Charters bought Dana. These entrepreneurs from the commercial sailing sector are converting this ship into a fast three-masted topsail schooner. They renamed her as Gulden Leeuw. The Gulden Leeuw has been designed by the renowned ship's architects' office of KHMB Y&S Design/Korner and is being converted by Balk Royal Shipyard at Urk.

## THE CREW

The Gulden Leeuw is sailed by a crew of 4-12 persons. The newly build vessel complies to the latest safety regulations, complying with not only national regulations, but also EU and SOLAS regulations. The same goes for her crew, that, according to the demands of the Dutch Shipping Inspection, will have followed the necessary STCW safety trainings and/or nautical education.

## THE ACCOMODATION

The deckhouse is connected to the enormous deck with folding doors, several benches are placed in the gangways. The captains VIP lounge is beautiful. The trainees will sleep all together in the saloon in hammocks or in bunks. There are 4 showers and several toilets.

## KITLIST

> *Papers and insurance:* You need to have a valid passport or identity card, copy of insurance papers (health insurance and travel insurance).

> *Insurance:* we expect each participant to have his or her own liability insurance and medical insurance valid in your country. We also expect every trainee to have travel insurance.

> *Clothing:* For your voyage it is important to bring warm and waterproof clothing, although it is summer. It can also be cold at night. For a full list of what to bring aboard, please check the separate packing List.

> *More ideas:* photography and film equipment, sunglasses, hat to cover your head in the sun, personal medicines, toiletries, small backpack for port visits, musical instruments and song books. Please remember there is limited storage on the ship.



ADVENTURE for  
EVERYBODY



## Program outline

> Your Tall Ships Adventure starts at 18.00 hours on board the Gulden Leeuw in the harbour of Falmouth. When you arrive you will get to know the ship, mentors, crew and the other trainees. After a warm welcome, the Captain's introduction and safety briefing, you will have time to spend a pleasant evening on board or in port. Should your travel schedule cause you to arrive before 18.00 hours, you are welcome to store your bags aboard and have a look around the town.

> The next morning the ship will leave the harbour and start her wandering journey. After breakfast, you will be introduced to how everything works on the deck of the ship. Together with the crew, you will get the ship ready to leave the harbour and set the first sails.

> There is enough time during this journey to have a good look around and really enjoy the elements. The wind and the weather will decide where you will sail next and how long it will take to get there.

> This might mean that you will sail during the day and the night. You will be divided into three watches. This means that you will also be on watch during the night. You will learn to set the sails, to steer the vessel, you will help the cook with the meals and clean the ship inside and out. You do this during your watch, but also when it is necessary outside of your watch.

On board you have to work together and take care of the ship. It is a challenge to set a good sailing time, there will be a good mood on board and you will become part of the crew like a real trainee. When on watch there will be professional crew to help and guide you and a watch officer to take care of the navigation while you manage the sails.

> Life at sea can be hectic at times when the wind gets stronger or calms down, but there is always plenty of time to relax and read a book or sing together while the sun is setting. Life on a Tall Ship is great! Our goal is to organize group activities at least once a day – varying from playing games to singing – so everybody gets to know each other really well and feels part of one big team.

There is nothing too crazy for us; you are welcome to share your ideas!

> During the stay in the harbours you will have time to explore the city's and get a taste of the culture of the countries you will visit. Harbours that are on the list of possibilities are Amsterdam, Aalborg, Halmstad and finishing in Rostock. What cities will be visited will however depend on wind and weather.

> Your voyage will end at 10.00 in the morning of the 7th of August. You will look back at a life changing-experience!



## What is so SPECIAL about an International Exchange?!

This is a special programme, organised in collaboration with the European organisation 'Youth in Action'. As well as sailing the vessel, you will decide for yourselves which extra activities you would like organised on board and in the ports. Prior to the race, all the participants in each country will meet in May to prepare the day to day programme and you can start getting to know each other.

On board you will organize special games and evenings where you will be able to share national foods, talk about national traditions and learn about other cultures. There will be mentors on board to help with ideas.



## COST AND VOYAGE

This year the voyage will start in Falmouth (UK), and will finish in Rostock (GE). The trip takes 17 days and starts on the 21st of July and will end at the 7th of August 2012.

The normal price for this voyage is €1280,- but for people in the age between 15-25 years there is a special price of €950,-. All prices include accommodation and all meals on board. Excluding transfers. 70% of the transfer costs will be sponsored. This means your costs of getting from home to the ship in Falmouth and from Rostock back home. This can be train, plane, bus etc.

## STRUCTURE COST AND SPONSORSHIP

This special project coordinated by At Sea Sail Training is funded by the EU programme Youth in Action. This programme promotes cultural exchanges between young European people. They do so by covering a daily fee and 70% of the travelling costs.

Together with money from other funds we are able to offer you this programme at a reduced price. The price includes food and accommodation on the ship but excludes drinks at the bar and transportation to and from the ports. Transfers are available by way of discount airlines.



## KEY POINTS

- > Gulden Leeuw; three mast Schooner – 70,1 meters
- > 56 trainees and 4-12 crew
- > Open for all trainees between 15 - 25 years old
- > 7 participating countries: Netherlands, Germany, United Kingdom, Sweden, Denmark, Belgium and Estonia
- > No sailing experience required
- > Official language aboard: English
- > One-off registration costs of €25
- > All prices include accommodation, all meals and drinks on board, excluding drinks at the bar
- > All prices are excluding transportation to and from the ports
- > Transfers need to be booked independently by participants
- > You can contact other participants using Facebook

## CONTACT

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