

Tall Ships Races 2012 on board Dar Mlodziezy

RACE 1 OF THE TALL SHIPS RACES 2012

Between FRANCE and PORTUGAL

7th of July - 20th of July

Have you ever dreamed of sailing on a Tall Ship? At Sea Sail Training gives you a taste of life on board a Tall Ship. No experience needed! Together with your teammates from all over Europe, you will be introduced to all aspects of ocean-sailing. A professional crew will teach you about navigation, sailing rules and manoeuvring. Enjoy teamwork whilst learning to depend on yourself, make new friends and party together at the famous Tall Ship festivals. A once in a lifetime experience!

- > Take part in the famous Tall Ships Races
- > Sail the fast Dar Mlodziezy, class A vessel
- > Make friends for life
- > Open to trainees of all nationalities and all ages over 15 years
- > Learn about yourself and other trainees
- > Explore new countries
- > No experience needed
- > Saint Malo (FR) - Lisbon (PT), race 1
- > 7 July – 20 July 2012: 13 days
- > How to join? Please sign up via www.atseasailtraining.com

THE TALL SHIP RACES

The Tall Ships Races are held every year in European Waters. The intent of the race is making new friends from all over the world and learn to sail. The race consists of three races over several hundred miles and a Cruise in company between the legs. At least one half of the crew of each ship has to consist of young people.

The Tall Ships Races 2012 will start off in Saint Malo, France. The city said to be full of poetry and romance. Here the Tall Ships will meet up and get ready for the first race, setting sail to Lisbon, Portugal. This trip is an amazing sail training experience as the whole trip will take 13 days. You will have the chance to really get to know the ship, your fellow trainees and the crew.

DAR MLODZIEZY

The Dar Mlodziezy is a Polish sail training ship, designed by Zygmunt Choren and launched in 1982 in Gdansk. It is especially built to train the cadets of the Polish marine and to win a lot of Tall Ship Races. The English name of this Ship is "The Gift of Youth", appropriate since it was partly financed by the gifts of young school-children.

Members of Royal families, heads of states, famous artists, businessmen and trainees find hospitality on board this vessel of Polish homely atmosphere.





SAILING THE DAR MŁODZIEZY

The 110.6 meters long deck, the 62.1 meters high masts and 3.015 square meters of sails make the Dar Młodzieży a forceful competitor in the different regatta's.

The Dar Młodzieży is the first in a series of six sister ships built for the Polish and Russian navy. The other sister ships, which were built for the former Soviet Union: Khersones (Crimea peninsula, where there are remains of a Greek settlement) Pallada, Drushzba (means "Friendship"), Nadeshzda (means "Hope"). They are all built in Poland on the shipyard in Gdansk. The Dar replaced the Dar Pomorza. In the 70's the Gdynia Maritime Academy discussed to built a new ship. The youth and student organisations started fundraising which was successful! The sailing craft and the will to fight as well as the imposing appearance of the crew of "Dar Młodzieży" is admired all over the world

THE CREW

The crew consists of 40 professional and 136 training crew or cadets. The Dar Młodzieży is owned by the Polish Maritime Academy in Gdynia. She is fully equipped to train and teach her cadets for the maritime world. Under the main navigation bridge there is another bridge, equipped with the same tools and various card tables. Also, the ship has a separate classroom.

THE ACCOMODATION

The Dar Młodzieży has cabins for 10 persons. In the corridors you will find enough toilets and showers. With such a large crew and trainees there is a classroom to study, a bar for a drink and a well equipped galley where everybody gets their (real Polish) meals.

KITLIST

- > *Papers and insurance:* You need to have a valid passport or identity card, copy of insurance papers (health insurance and travel insurance).
- > *Insurance:* we expect each participant to have his or her own liability insurance and medical insurance valid in your country. We also expect every trainee to have travel insurance.
- > *Clothing:* For your voyage it is important to bring warm and waterproof clothing. Although it is summer, it can be cold at night. For a full list of what to bring aboard, please check the separate packing List.
- > *More ideas:* photography and film equipment, sunglasses, hat to cover your head in the sun, personal medicines, toiletries, small backpack for port visits, musical instruments and song books. Please remember there is limited storage on the ship.

ADVENTURE for
EVERYBODY



Programme outline

> Your Tall Ships Adventure starts on Saturday the 7th of July at 18.00 hours on board the Dar Młodzieży in the harbour of Saint Malo. When you arrive you will get to know the ship, mentors, crew and the other trainees. After a warm welcome, the Captain's introduction and safety briefing, you will have time to spend a pleasant evening on board or in port. Should your travel schedule cause you to arrive before 18.00 hours, you are welcome to store your bags aboard and have a look around the town.

> The next morning the ship will leave the harbour and start race 1. After breakfast, you will be introduced to how everything works on the deck of the ship. Together with the crew, you will get the ship ready to leave the harbour and start race 1 of the Tall Ships Race 2012.

> On board you will be divided into four watches. This means that you will also be on watch during the night. You will learn to set the sails, steer the vessel, help the cook with the meals and clean the ship inside and out. You do this during your watch, but also if necessary outside of your watch.

On board you have to work together and take care of the ship. It is a challenge to set a good racing time, there will be a good mood on board and you will become part of the crew like a real trainee. When on watch, there will be professional crew to help and guide you and a watch officer to take care of the navigation while you manage the sails.

> Life at sea can be hectic at times when the wind gets stronger or calms down, but there is always plenty of time to relax and read a book or sing together while the sun is setting. Life on a Tall Ship is great! Our goal is to organize group activities at least once a day – varying from playing games to singing – so everybody gets to know each other really well and feels part of one big team.

You are welcome to share your ideas! There is nothing too crazy for us.

> In the harbour there will be lots of activities organised by the host port especially for the visiting young trainees. Open-air free concerts, city tours and parties will all be there for you! Of course you must challenge the trainees from other ships during sports competitions, and you will walk with the Crew Parade through the whole city where thousands of spectators will cheer to you, because you are from a ship!

Your ship could receive an award during the prize-giving ceremony and last but not least you can join the crazy crew party for everybody who took part in the race of The Tall Ships Races 2012.

The port of Lisbon is looking forward to receiving the Tall Ships and will make sure that you have a great time during your stay!

> Your voyage will end on Friday the 20th of July at 10.00 in the morning. You will look back at a life changing-experience!



Get ready to set sail and steer the ship!



COST AND VOYAGE

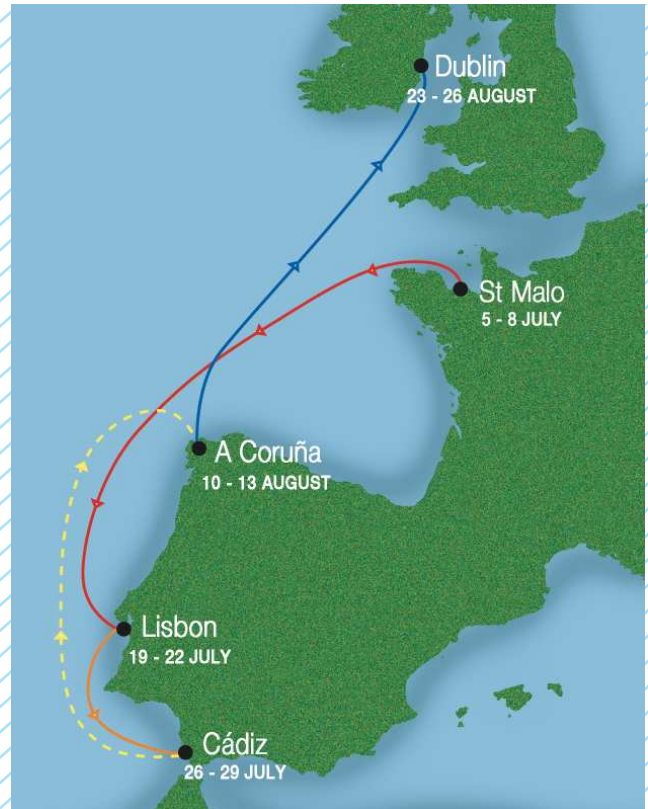
This year the voyage will start in Saint Malo (FR), and will finish in Lisbon (PT). The trip takes 13 days and starts on the 7th of July and will end at the 20th of July 2012.

The normal price for this voyage is €1235,- but for people in the age between 15-25 years there is a special price of €1040,-. All prices include accommodation and all meals on board.

LOOKING FOR SPONSORS?

Are you looking for sponsors to help out with your costs for the voyage? Please contact At Sea Sail Training. With the special fundraising package we can help you find sponsors in your neighbourhood.

Become part of the AtSea Ambassadors and find sponsors for yourself and other trainees that need a little bit of help.



... mess room, food and drinks

KEY POINTS

- > Dar Młodzieży; Three mast frigate - 108,6 meters.
- > 136 trainees and 40 crew!
- > Open for all ages older than 15 years
- > No sailing experience required
- > Official language aboard: English
- > One-off registration costs of €25
- > All prices include accommodation, all meals and drinks on board, excluding drinks at the bar
- > All prices are excluding transportation to and from the ports
- > Transfers need to be booked independently by participants, check out our website for tips
- > You can contact other participants using Facebook

CONTACT

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